



International Journal of Gerontology

journal homepage: <http://www.sgecm.org.tw/ijge/>



CME for 19.4

- The following statement about shrunken pore syndrome (SPS) is correct except for?
 - A condition in which estimated glomerular filtration rate (eGFR) based upon cystatin C is lower than eGFR based upon creatinine
 - It has been associated with increased mortality even in the presence of normal GFR
 - A syndrome related to acute hepatitis
 - Associated with a higher risk of mortality in the elderly
 - None of the above
 - Except for creatinine-based estimate for glomerular filtration rate (eGFR) representative of renal function, which of the following can also serve as early marker of glomerular filtration rate (eGFR) for clinical use?
 - Hepatic enzymes including alanine transaminase (ALT) and aspartate transaminase (AST)
 - Insulin resistance level (HOMA-IR)
 - Cystatin C based measure
 - Cardiac troponins including troponin I (cTnI) and troponin T (cTnT)
 - None of the above
 - The following symptoms or signs are all clinical presentations of geriatric depression syndrome except for?
 - Somatic symptoms
 - Anxiety or insomnia
 - Eating disorders or poor intake
 - Emotional irritability or cognitive and functional impairment
 - All of the above
 - Which of the following statement about depression in the elderly population is true?
 - Depression is the most prevalent mental health issue among older people
 - According to previous surveys, about 14% to 20% of elderly population in the community may have depressive symptoms
 - Cognitive therapy (CT) has gained awareness in recent years as an effective treatment for depression in older adults
 - Regarding the pharmacological treatment, those with the smallest side effect profiles and lowest chance of drug-drug interaction should be considered
 - All of the above
 - Which of the following statement about stress-induced hyperglycemia in the elderly is wrong?
 - A response resulting from excessive counterregulatory hormones, such as catecholamines, cortisol, growth hormones, and cytokines
 - One situation probably related to sepsis which promote gluconeogenesis and insulin resistance
 - When occurs in the elderly population, this condition may indicate preserved endocrine function and a better prognosis
 - No specific relationship with endocrine dysfunction or clinical outcomes
 - All of the above
- Issue date:** October 1st, 2025
Expiration date: January 31st, 2026
- Volume 19 Issue 3 Answers:

- (C)
- (B)
- (C)
- (C)
- (C)